

Recipe: "Best Ever" Vanilla Sugar Scrub

This scrub recipe has been a proven best seller for private label customers. Feel free to change the fragrance and color. For those that cater to the ice cream novelty industry, it makes the perfect scoop-able "ice cream style" scrub!

Yields: Approximately 8 - 8oz Jars

What You Need To Make This Recipe:

- 1 Pound(s) Crafter's Choice Foaming Bath Whip
- 10 10 Ounce(s) Crafter's Choice Extra Clear Soap
- 1 Ounce(s) Crafter's Choice Liquid Glycerin
- 1 Ounce(s) Crafter's Choice Vanilla Almond Fragrance Oil
- 20 Drop(s) Crafter's Choice Stained Glass Lemon Yellow Liquid Color
- 5 Cup(s) Granulated Sugar White
- 8 8 oz Clear Heavy Wall Plastic Jar 89/400
- 8 89/400 Black Straight Top Cap F217 Liner
- 2 Droppers

Digital Scale

Electric Mixer (Kitchen Aid is Ideal)

Metal Mixer Bowl & Cake Mixing Blades

Microwave

Microwave Safe Glass Cup

Spatula



Directions:

- 1. NOTE: If you are making these products for sale, good manufacturing practices recommend you wear a hairnet, gloves and a mask. We also recommend a clean apron.
- 2. Using a soap cutter (never a knife) cut soap into 1" pieces.
- 3. Place microwave safe bowl on sale and tare to zero. Set scale to measure in ounces. Add 10 oz of soap to bowl.
- 4. Heat soap for 1.5 minutes or until fully melted. Do not over heat. Remove from microwave.
- 5. Place bowl with soap on scale and tare to zero. Add 1 oz. liquid glycerin to melted soap.
- 6. Place soap in metal mixing bowl and attach bowl to kitchen aid mixer. Begin to mix on slow.
- 7. While soap is mixing, weigh 16 oz of foaming bath whip and add to mixing bowl.
- 8. Turn speed to high for 1-2 minutes. Mixture will become creamy and look like marshmallow cream.



- 9. Turn mixer to medium speed and add 1 cup of sugar every 15 seconds until all 5 cups of sugar have been added.
- 10. While mixer is on medium speed, add a few drops of color and 1 oz. fragrance.
- 11. Continue to mix on medium speed until fully blended (about 60 seconds).
- 12. Remove mixing bowl from mixer clips.
- 13. Using a spatula, place mixture in plastic containers.
- 14. If you wish to use this product as an "ice cream style" sugar scrub, place batch in a 86 oz Clarified Spa Tub and allow to sit for 24 hours. You may then use an ice cream scoop to scoop scrub from tub into plastic jars.
- 15. If making this scrub as an ice cream theme, it should be noted that some fragrances will thin the base so that the scoops are not perfect. If this is your case, add an additional 1-2 cups of sugar. Ice Cream Scent ideas include: Strawberry, Chocolate, Pineapple, Orange/Vanilla, Lemon, Bubble Gum.
- 16. If selling this product, label according to the FDA Cosmetic Labeling Guidelines.

INCI Ingredient Label:

Sucrose, Glycerin, Water, Sodium Cocoyl Isethionate, Sorbitol, Propylene glycol, Disodium Lauryl sulfosuccinate, Sorbitol, Sodium Laureth Sulfate, Sodium Stearate, Sodium Myristate, Stearic Acid, Sodium Chloride, Diazolidinyl Urea (and) Iodopropynyl Butylcarbamate, Triethanolamine, Tetrasodium EDTA, Benzophenone-4, Methylparaben, Propylparaben, Fragrance, Yellow 5.